



RLNC RED LAKE CAMPUS

Monthly Newsletter

February Studying do's and don'ts!

Greetings everyone!

Studying is a huge part of being in college. If you're not studying, chances are your grades show it.

Do...

- Schedule your time!
- Find study buddies!
- Complete all readings with notes!

Don't...

- Wait until the last moment! Studies show that you need to study over time, not all at once.
- Skip your homework.
- Wait to ask for support!



Tips for a strong relationship! (Platonic or otherwise!)

Keep communicating! Use healthy communication skills like listening.

Plan activities together! (Like the Como Conservatory to get some time in green nature or head over to Bemidji State Park for a winter walk!)



Click on the hearts to watch a Ted Ed on the science of friendship!

IMPORTANT UPCOMING DATES!



Anishinaabe Sexuality Knowledge Keepers (ASKK) is a culturally relevant program that trains adults to share sexual and reproductive health information and resources with their families and their communities. Participants will be trained in medically accurate, culturally relevant knowledge of sexual and reproductive health topics. Topics include: HIV/AIDS, STI's, Healthy Relationships, How to be an askable adult, Reproductive Anatomy, Contraception, Two Spirit/ LGBTQ and more!

Time: Mondays 5-7:30pm
When: Jan 30th-March 10th 2023
Where: Red Lake Nation College
IC (innovative center) Room

Dinner and snacks will be provided each session!
Upon completion of the program, you will receive \$200

If interested, please contact:
Anna at 218-760-6167
agoldtooth@ppncs.org

Or sign up with
Tallie Large at RLNC



Native STAND

Native STAND is a culturally specific peer education program where high school-aged youth learn about healthy sexuality and then share their knowledge with others. Topics include: HIV/AIDS, Sexually Transmitted Infections, Healthy Relationships, Communication Skills, Reproductive Anatomy, Birth Control Methods, LGBTQ2S+ and more!

Time: 5-7:30pm
When: February 2nd-March 30th (Thursday)
Where: Red Lake Nation College
(Innovation Center Room)

Teaching kits, informational binders, food & transportation is provided!

Upon completion of the program, you will receive \$150

If interested, please contact:
Tamika-Jo Andy at 218-556-7557 tjandy@ppmns.org

QUOTE OF THE MONTH!

"NEVER REGARD STUDY AS DUTY,
BUT AS THE ENVIABLE
OPPORTUNITY TO LEARN."
-ALBERT EINSTEIN-



COLLEGE AND CAREER FAIR

MARCH 15, 2023

10.00 AM - 2.00 PM

Colleges, universities, and local businesses will have tables and information for all participants. This event is open to the public.



San Diego State University



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SEVENCLANS
CASINOS

For inquiries or to register your business or educational institution for the event, please contact Rob Roy, Career and Transfer Specialist at robin.roy@rlnc.edu



Lunch and snacks will be provided.

Enter to win prizes!



15480 MIGIZI DRIVE,
RED LAKE, MN 56671



www.rlnc.edu

TIPS FOR EMAILING!



WHEN EMAILING, YOU SHOULD ALWAYS DO THE FOLLOWING:

- MAKE SURE YOU TITLE THE EMAIL "STUDENT QUESTION" OR "HELP WITH QUESTION 1"
- MAKE SURE YOU HAVE A GREETING! (E.G., HELLO! TO WHOM IT MAY CONCERN,)
- MAKE SURE YOU HAVE A SPECIFIC QUESTION FOR YOUR INSTRUCTOR. "I NEED HELP" ISN'T SPECIFIC, "I NEED HELP UNDERSTANDING TODAY'S READING FROM CHAPTER 5" IS.
- MAKE SURE THAT IF YOU ARE ASKING FOR A MEETING TIME, YOU SEND ALONG TIMES YOU ARE AVAILABLE.
- SIGN OFF WITH A "THANK YOU FOR YOUR TIME" OR "LOOKING FORWARD TO SEEING YOU. "



RLNC Student, Marcus Juarez Reflects on the 4th Annual Ojibwe Language Symposium at FDLTCC



Marcus Juarez with Gimiwan Burnette of MIIN Midwest Indigenous Immersion Network and founding advisor to Waadookodaading Immersion School



Marcus Juarez talks with Ma'iingan (Marcus Jmmesmaki), Instructor from Waadookodaading Immersion School, Hayward, WI



Jaabibizhiikwe (Pat Ningewance) from Fond du Lac Tribal College which hosted 4th Annual Ojibwe

Friday, February 10, 2023

This past weekend, I was provided an opportunity to attend the 4th Annual Ojibwe Language Symposium hosted by the Fond Du Lac Community College in Cloquet. It was a great chance to not only be around speakers of the Ojibwemowin language at every skill level, but to also hear the stories of many successful indigenous individuals who are making great strides in their language revitalization efforts.

Saturday morning's first group of keynote speakers were from the Waadookodaading Immersion School, located in Hayward, WI. Many of them were under 30 and all of them were very fluent in the Ojibwemowin language. They spoke on how stepping up to the plate and becoming instructors has only opened many more doors and opportunities to learn the language and culture!

The afternoon consisted of breakout rooms and smaller, more intimate keynote sessions. Gimiwan Burnette spoke on the nonprofit organization "MIIN" or Midwestern Indigenous Immersion Network. The goal of this organization is to establish connections and communication between language immersion programs all across Ojibwe country. The website has many resources, including access to Ojibwe language curriculums for early education, all for free.

The feast at 5:00 felt very much like a celebration. The smell of sage lingered in the air, children and young adults lined up quickly, making plates for their elders. There were children running and playing, and grown-ups conversing and laughing in Ojibwe, instead of the usual English we are used to hearing.

I had a moment of disbelief when I found myself having a small conversation with another one of the attendants in the Ojibwe language. I never would have believed I would understand as much as the language as I do now, let alone have someone understand me! I felt very honored and empowered to be able to attend this symposium. RLNC has provided me the opportunity to learn about our language, and culture, and ultimately myself. Mii'iw. Miigwech! -

Nenokaasi Beneshi (Marcus Juarez)


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 Visit our website
www.rlnc.edu/employment
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RED LAKE NATION COLLEGE

A Great Place to Start!

At RLNC, students are treated like family and **EVERYONE** is respected and supported. We are growing tomorrow's leaders with culturally-based education, Native innovation, and tradition.



Red Lake Nation College
15480 Migizi Drive
P.O. Box 576
Red Lake, MN 56671
www.rlnc.edu



**WE ARE
HIRING**



We love seeing our students in the community! Check out Chalina and the Vikings!





STUDENT OF THE MONTH

FEBRUARY

Joelle Drouillard



About Joelle

Joelle, Waabanong Giizis (Sun to the east), was born in Red Lake, and raised by her grandparents alongside her brother. Today, she works at the Jourdain Perpich Extended Care Center while she attends her final semester at Red Lake Nation College.

Inspirations

When we asked Joelle what inspires her, she replied, "my drive to make a change in this world, even if it's a small one." Family is important to Joelle. She said her grandparents were very supportive of her choice to attend college, which allowed her to focus and become a successful student.

Academic Journey

During her time at RLNC, Joelle has proved herself a determined, driven, and excellent student. She began her journey with RLNC as a high school student through the PSEO program. After graduating, she started taking classes full-time and was awarded two President's List honors after her first two semesters! Aside from her studies, Joelle is an advocate for Tribal Colleges and Universities (TCU). She represented Red Lake Nation College during her visit to Washington D.C where she and others of the President's Club expressed to senators why TCU's are so important.

One Step At a Time

Joelle has made a lot of her short time in college, but it was not without its hardships. In Spring 2022, she lost her grandfather. Even with such a terrible loss, she once again showed her determination to continue. Joelle's advice to all students, "it is okay to ask for help in your classes, even though it can be a bit scary. Also, if you plan on continuing after this degree, look into getting early experience into the fields you're going into! ♥". After graduation, she wants to join the biomedical field or mechanical engineering. Wherever she decides to go, we will always be there to support her through anything she needs. **From all of us at RLNC, congratulations on becoming February's student of the month, Joelle!**

Red Lake Nation College students and staff attended and proudly represented RLNC at the Annual AIHEC Legislative Summit in Washington D. C. The week of February 5th is designated as National Tribal College Week on Capitol Hill. Each year during Tribal College week the American Indian Higher Education Consortium (AIHEC) coordinates visits between students from each of the nations' 35 Tribal Colleges and Universities and their individual states Congressional leaders to advocate for Tribal College and



Pictured L to R: Riccardo Maiingan, Joelle Drouillard, Shieleen Omen, Kyleisha Garrigan, and President Dan



Group photo of participating TCUs students and staff.

Students from RLNC, LLTC and WETC met with Representative Betty McCollum and Senator Amy Klobuchar in their offices on Capitol Hill to discuss why having a Tribal College in their community is important to them and to advocated for necessary and much needed support for TCUs. Each student was able to tell their own personal story and at the same time gain the knowledge and experience in advocating for important issues from within their own communities and bring them to light at a national



Group photo from Representative McCollum's office visit



Group photo from Senator Amy Klobuchar's office

It wasn't an always business during their stay in Washington D.C. Students were able to get out and see the historical sights of D. C and have some fun while they were at it. They visited the White House and Capitol Buildings as well as the national monuments and museums. They were also able to get some ice skating in. Below are several more photos from their visit.

